



Nighthawk News

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Ironwood Ridge High School

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Message From the Principal: Dr. Oranté Jenkins



It's often said that communication is the key to a healthy relationship. While it might sound like tired advice, it's a skill worth learning that will help us do better in all our relationships. As your child grows up, the way you communicate with them will need to change to reflect the new boundaries in your relationship created by their increasing independence. Discovering these new and different approaches to communicating effectively with one another will be a learning experience for you both. Effective

communication with your teenager can help you both feel happier and more connected in your relationship, and more confident about having difficult conversations and resolving conflicts.

Communicating with teens can sometimes be difficult, in busy households, it's easy to overlook making time and space in your day to have a really good talk with your child and find out what's going on in their life. When your child no longer depends on you as much as they once did, it's harder to know everything that's going on in their lives as the communication between parents and teenagers seems to decrease. They are more independent, and so you have to make time to check in with them to find out how they're going.

Here are some tips that can help you have positive and constructive conversations with your child.

- Being genuinely interested and curious about what your child is telling you.
- Giving them your undivided attention.
- Show empathy – put yourself in your child's shoes.
- Avoid just giving them instructions or unsolicited advice.
- Choose a quiet space without distractions for important conversations.

Have a wonderful spring break!



SCIENCE OLYMPIAD TEAM

Ironwood Ridge's inaugural Science Olympiad Team participated in their first regional competition on Saturday, February 17, 2024, at University High School. The team of Eleanor Kortenkamp and Harper Tuffly, participating in the "Anatomy & Physiology" competition took first place, with other teams receiving awards as well.

As a result of our performance at the regional competition, the team has been invited to compete in the "Arizona State Science Olympiad Tournament", on the ASU campus, on Saturday, April 6, 2024. The team consists of Trinity Adams, Amel Benhamouda, Grace Chen, Yliana Cota, Marietou Coulibaly Ditball, Sofia Estrada, Max Graham, Zoe Johnson-Pope, Ta-hee Kim, Eleanor Kortenkamp, Erika Lu, Sanjana Manne, Harper Tuffly, with Mr. DesJarlais as the head coach. Please wish them the best of luck as they represent "Nighthawk Nation".



SPECIAL OLYMPICS FUNDRAISER



Student Government, along with members from The Nest, are creating greeting cards that will be sold around campus. These cards will be formatted and printed through the Graphic Design program and all proceeds will benefit Special Olympics. Please contact Alyssa McGowan, Samantha Burgin or Donna Traweck with any questions.

JUNIOR ACT TESTING

On Tuesday, March 26th all IRHS Juniors will be taking the ACT exam in the Gym.

All Juniors should report directly to the gym for check-in between 8:30am and 8:45am. The exam will begin at 9:00am and late students will not be admitted once the exam begins. The exam is paper-based and will end roughly around 1:20pm.



Save the Date

ATTENTION JUNIORS:

THE ACT EXAM

will take place on

MARCH 26TH, 2024

from

8:45AM TO 1:30PM

in the

IRHS GYM

All Juniors
will report
directly to the gym
for testing & have
2nd Lunch.

IRHS LIBRARY NEWS



The Chess Club happens in the Library on Fridays at 8am and Wednesdays during “Fly Day”. The PTO has graciously purchased some new wooden chess boards and timing clocks for the students to use.



There is an “IRHS Preschool Book Nook” that opened in the IRHS library on 3/7/24 for all of our preschool students to enjoy. This also benefits the IRHS students that are working with the Pre-K students in their studies.



The IRHS Library website has created a link and tutorial on our website for test preparation resources. Spring is testing season and there are free resources and sample tests provided by the Arizona Digital library for many tests including the SAT and ACT. Learn how to connect to these resources on our library website under the “Test Prep” tab.

WEATHERIZATION

The weatherization project continues on campus. We are excited to see the updates and the reflection of our IRHS colors around campus.



NIGHTHAWK NATION PTO



Ironwood Ridge High School
School Wide Staff Appreciation

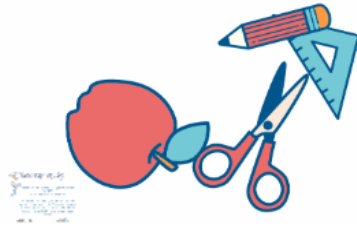


Business Sponsorship



Restock all **THREE** staff lounges for a week
for \$150
OR the entire month for \$500.

You provide the money, and your logo and
contact information - the PTO will make sure
to add a sign to each lounge so all teachers
and staff know that your business values
them



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Instagram:
<https://www.instagram.com/nighthawknationpto/>

Online Store:
<https://nighthawknation.my-online.store/>

Amazon Smiles

Please consider making "Nighthawk Parent Organization—
Ironwood High School" the recipient of your Amazon Smiles
donations and the PTO will receive .5% of your eligible pur-
chase amount at no cost to you.

<https://smile.amazon.com/ch/11-3660169>

smile.amazon.com

Attention Parents of IRHS Seniors!

We all know parking and great seats at graduation are hard to come by.
Take out the stress, and enter to win one of three graduation packages!

Each winning package receives...

**UP CLOSE PARKING &
4 RESERVED SEATS
FOR GRADUATION!**



Payments accepted through Venmo: IRHSNPO

PayPal: [paypal.me/IRHSNPO](https://www.paypal.me/IRHSNPO)

Please include your name, email, and your graduate's name when purchasing

\$10/Ticket

Two winners this quarter! Fourth quarter drawing will
take place on 5/5/24

Winners will be notified via email. One winner per family.

Proceeds go to the Nighthawk Nation PTO.

Nighthawk Give

We know families are incredibly busy. To make giving
easier, you can donate directly to the PTO through
Venmo or PayPal.

Your monetary gift will be used to fund events, supply
teachers with much needed items and for campus
improvements.

Direct Giving

Nighthawk Nation
PTO
@IRHSNPO

Nighthawk Parent
Organization
@IRHSNPO



venmo



SOCIAL MEDIA

Visit us on social media to keep apprised of important Nighthawk information!



OV CUP SUCCESS—THANK YOU!

The OV Cup Golf Tournament to support Project Graduation for Amphi High, Ironwood Ridge, and CDO High School was a great success. Students from each of Amphi's three high schools played in the tournament as well as dozens of generous donors and supporters raising money for the Project Grad events for all three high schools. We are so grateful for the generosity of these donors and so proud of our Panthers, Nighthawks and Dorados for playing and participating in this great event!



PORTRAIT OF A GRADUATE: COMMUNICATION



Amphitheater Public Schools students communicate clearly by:

- Expressing ideas through the creation of authentic products using a combination of words, symbols, data, behavior, and visual representations to inform, persuade, and entertain others.
- Preparing and delivering effective oral and written presentations and fielding questions to demonstrate conceptual understanding and knowledge with details about the inquiry process.
- Practicing communication techniques that share information in multiple formats to create meaning and foster mutual understanding.
- Listening effectively to decipher meaning, including knowledge, values, attitudes, and intentions.